



Catalyzing Communities

A ChildObesity180 Initiative

Hello Everyone,

Welcome to the Catalyzing Communities Learning Collaborative August 2023 newsletter! August is National Wellness Month and we are featuring resources that highlight the work and positive impact of other wellness organizations around the country. In their [founding charter](#), the World Health Organization states that "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity." This month, in celebration of National Wellness Month, we are featuring resources that highlight the importance of some of those types of wellbeing, and for everyone.

We've included several events, toolkits, and funding opportunities that may be of interest. We hope these will be helpful to you and your community partners.

Feel free to forward this newsletter to others in your community who might be interested.

Thank you for your partnership!

The Catalyzing Communities Team

Resources and articles of interest

- READ: In the spirit of National Wellness Month, WebMD published an article, ["August Is National Wellness Month: Let's Make Well-Being a Priority All Year Long"](#) which outlines ways to improve wellness in your organizations.
- EXPLORE: [Action for Healthy Kids](#), a national nonprofit that "brings together dedicated volunteers and partners to make schools healthier places where kids thrive", developed a [resource library](#) containing videos, activities, tip sheets, and more to utilize at school or the home for improving kids' physical and emotional health.
- WATCH: Profound Conversations presents, ["Painting a Picture of a Post Pandemic World That Includes Vulnerable Populations"](#). This episode features

the voices of two distinguished physicians (Dr. Sandro Galea and Dr. Mark Pettus) who see health inequities every day and who are committed to improving the health and wellness of vulnerable populations. “Profound Conversation is a listening & discussion space which brings the foremost thought leaders into a conversation to grapple with the vexing challenges of our times.”

- READ: [The Black Women’s Health Imperative](#) is “the oldest national organization dedicated solely to improving the health and wellness of our nation’s 21 million Black women and girls – physically, emotionally and financially.” Check out the [BWHI’S Impact Report on Spearheading Healthy Outcomes](#).
- EXPLORE: [The Society of Women’s Health Research](#) created the [Women’s Health Dashboard](#) “which offers a platform to explore the latest national and state data on diseases and health conditions that have significant impacts on women’s health across the lifespan – including public health data, research investment and progress, health insurance coverage, and relevant policy implications and actions”. The SWHR is “dedicated to promoting research on biological sex differences in disease, and improving women’s health through science, policy and education.”
- READ: “The [NIDDK](#) Advisory Council established a Health Disparities and Health Equity Research Working Group to advance the NIDDK health disparities and health equity research portfolio. The Working Group was charged with identifying a range of research needs and opportunities that represent the full spectrum of NIDDK science...”. recently, the working group has released a new report called, [Pathways to Health for All](#), that outlines recommendations for advancing health equity and reducing health disparities in NIDDK’s research programs.
- EXPLORE: [HDPulse: An Ecosystem of Minority Health Research Resources](#) developed by the National Institute on Minority Health and Health Disparities is a free-to-use online resource providing national, state, and county-level data on minority health and health disparities. The redesigned Data Portal supports efforts by researchers, public health professionals, and policymakers to advance minority health and health disparities control-related initiatives.

Tools and Guides

- The Substance Abuse and Mental Health Services Administration developed a [community action guide to promoting wellness](#). “The tools in this guide define wellness and present a number of ways communities can share the message that wellness is central to recovery from behavioral health conditions.”
- The National Wellness Institute’s [Multicultural Wellness Wheel](#) is “designed to support wellness practitioners and related stakeholders in broadening their

outlook as it relates to the concepts of wellness and well-being, and to support the recognition of the interlocking systems displayed within the wheel.”

Events

- [The HER NOPREN Summer Series for Students](#) Presents: *COVID-19 Policy Implications for USDA Child Nutrition Programs and SNAP*. This event on **August 9, 2023 - 4:00pm to 5:00pm** will focus on lessons learned and future implications from USDA waivers related to Child Nutrition Programs and SNAP during the COVID-19 pandemic. Register [HERE](#).

Funding sources/opportunities

- [The NIH Build UP Trust Challenge](#) seeks new approaches to improve engagement with underserved populations with a focus on increasing their participation in disease research and adoption of existing and new tools and strategies to detect, treat and monitor diseases and disorders. The NIH Build UP Trust prize challenge aims to utilize new and existing strategies to improve engagement with underserved populations, in order to generate new solutions that address trust as a barrier to the adoption of both new and existing healthcare tools and diagnostics. These new solutions can include improvements to existing tools/devices, as well as the creation of new ones. Publication Date of Challenge Announcement on [Challenge.gov](#): August 8, 2023. **Submissions Due:** December 5, 2023. **Apply** [HERE](#).
- [Coleman Research Innovation Award](#) from the National Institute on Minority Health and Health Disparities designed to support one-year innovative research projects that have the potential for high impact in three areas of minority health and health disparities research: social and behavioral sciences, community, and population health, and social epigenomics. **Application deadline:** August 18 5:00 p.m. ET. **Apply** [HERE](#).
- [The Advancing Equity in Aging program](#) will provide funding for projects designed to improve the lives of marginalized older adults by supporting healthy aging; improving access to care and support; and/or addressing ageism, racism, and systemic inequities. **Application deadline:** August 16, 2023. **Apply** [HERE](#).
- The U.S. Environmental Protection Agency will provide funding for [community-based scientific research to assess cumulative impacts from multiple combined and interacting environmental stressors upon human health in underserved communities](#). Underserved communities may include people/communities of color, low income, tribal and indigenous populations, and other vulnerable populations such as the elderly, children, and those who have pre-existing medical conditions. **Application deadline:** August 31, 2023 **Apply** [HERE](#).

- After the Keynote address in June, our colleagues at the [Dr. Yum Project](#) are available for one-on-one conversations with interested communities. They sent this note: “We would love to talk with changemakers about ways Dr. Yum’s Preschool Food Adventure and/or our new Touchpoints program can be used in their efforts to create healthier communities. We know each partner has different needs and feel like a one-on-one conversation with each might lead to innovative uses for these impactful resources.” These resources are available to communities for a fee; feel free to reach out at info@doctoryum.org with them to discuss further.

If this newsletter was forwarded to you and you'd like to receive it directly, send an email to CatalyzingCommunities@tufts.edu

For more information about Catalyzing Communities, visit:

<https://catalyzingcommunities.org>