



Catalyzing Communities

A ChildObesity180 Initiative

Hello Everyone,

Welcome to the Catalyzing Communities Learning Collaborative July 2023 newsletter! Thanks to everyone who attended and spread the word about our Keynote presentation from Dr. Nimali Fernando in June! We were glad to see so many of you and your peers and colleagues in attendance. Inspired by her presentation, we're featuring lots of free resources from the [Dr. Yum website](#) designed to support families as they overcome barriers to eating well.

We've included a link to a recorded webinar ("[Walking the Talk](#)") from our partners at the Council on Black Health, which featured community and academic partners from Catalyzing Communities; along with other events, toolkits, and funding opportunities that may be of interest. We hope these will be helpful to you and your partners.

Feel free to forward this newsletter to others in your community who might be interested.

Thank you for your partnership!

The Catalyzing Communities Team

Resources and articles of interest

- WATCH: The [Walking the Talk: Reflections on Community-Engaged Research in Practice](#) webinar from our partners at the [Council on Black Health](#). The webinar includes a presentation and discussion on the successes, challenges, and opportunities of engaging communities and building trust in the context of the Catalyzing Communities project, featuring a member of the Tufts team and two community partners from Milwaukee, Wisconsin, and Greenville, South Carolina.
- EXPLORE: Learn more about [The Dr. Yum Project](#): a non-profit organization on a mission to help families and communities overcome barriers to eating well. Founded and led by Dr. Nimali Fernando, the Dr. Yum Project's programs are designed by and maintained by experts in nutrition and cooking education, including physicians, early childhood educators, speech-language pathologists,

feeding therapists, and registered dietitians. Check out this [Take a Tour video](#) to learn more about the website features.

- LISTEN: Feeding the Family with Dr. Kristin presents an episode of [Overcoming Barriers to Eating Well](#) that features guest Dr. Nimali Fernando, founder of the Dr. Yum Project. This episode discusses Dr. Fernando's unique pediatric practice and her innovative approach to improving child nutrition throughout the country.
- EXPLORE: The Dr. Yum Project helps communities through [Dr. Yum's Preschool Food Adventure](#), a two-year, multi-sensory, interactive cooking and nutrition curriculum written by a team of pediatricians, early childhood educators, a speech-language pathologist, a feeding therapist, parents, and a registered dietitian. Sign up [HERE](#) for a **free** 30 min virtual information session.
- READ: [Here's how Dr. Nimali Fernando is fighting childhood obesity through The Dr. Yum Project](#), published by the Northern Virginia Magazine.
- EXPLORE: The Dr. Yum Project offers free recipe ideas. Check out the [tag feature](#) to search for recipes that cater to your interest/needs. The [WIC Food Package](#) tag shows recipes with at least 75% of the ingredients found on the list. [Allergy Friendly School Lunch Ideas](#) and [Gluten-Free](#) and more help narrow your search for dietary restrictions and types of meals.
- READ: The Summer Food Service Program (SFSP) is a federally-funded, state-administered program. USDA reimburses program operators who serve no-cost, healthy meals and snacks to children and teens in low-income areas. Learn more [HERE](#).
- READ: [Accessibility of summer meals and the food insecurity of low-income households with children](#). 2016. This article concludes that the USDA's summer meals program could reduce severe food insecurity for low-income households with children.

Tools and Guides

- The Food Research and Action Center developed [interactive maps](#) that provide state-by-state data on participation in breakfast and lunch service through the Summer Nutrition Programs, which include the Summer Food Service Program (SFSP) and the National School Lunch Program (NSLP) and National School Breakfast Program (SBP) through the Seamless Summer Option (SSO).
- Check out Dr. Yum's [Meal-o-Matic](#): a free e-tool that allows you to make a custom recipe from what you have in the fridge or pantry. It's like a choose-your-own-adventure recipe.

- Dr. Yum's Baby Food Toolkit: A collection of Baby Food Toolkit blog stories, videos, recipes, media stories, and webinars in one place for you. Find all the resources [HERE](#).
- Dr. Yum's [Picky Eater Toolkit](#) is full of blog posts, videos, and more to help create more adventurous eaters.

Events

- [The Dock C. Bracy Center Inc.](#) presents "Community Engagement – Activism, Organizing and What's In-between". Community engagement is a continuum that takes many forms on **Wednesday, July 19, 2023, 7-9pm EDT**. The panel reflects the different ways you can engage with your community. Register [HERE](#).
- [HITLAB](#) presents the July 2023 Symposium: Health Equity. Hear from experts in the field about the latest in digital health tech innovation, and how it is leveling the playing field of health equity around the globe on **Thursday, July 27 11am - 2pm EDT**. Register [HERE](#).

Funding sources/opportunities

- [The Healthy Start Initiative - Enhanced Program \(HSE\)](#) will provide grants to improve health outcomes before, during, and after pregnancy and reduce the racial/ethnic differences in rates of infant death and adverse perinatal outcomes. The program priority is diverse communities and populations (such as non-Hispanic Black, American Indian/Alaska Native, and rural areas) that are experiencing the greatest disparities in maternal and infant health outcomes. **Application deadline:** July 17, 2023. **Apply** [HERE](#).
- The Office of Minority Health (OMH) is seeking applications for projects funded under the [Healthy Families Community-Based Perinatal Health Initiative \(COPHI\)](#) to develop innovative models for integrating community-based maternal support services (COMSS) into perinatal systems of care. OMH will award up to \$10,000,000 to support up to 10 awards, ranging from \$975,000 to \$1,250,000 annually for a project period of up to four years with the possibility of an optional competitive fifth year for transition to sustainability. **Application Deadline:** July 18, 2023 6:00 pm ET. **Apply** [HERE](#).

- [The Center for Health Law and Policy Innovation](#) (CHLPI) is a team of health law and policy experts based at Harvard Law School. Under this project, with support from The Rockefeller Foundation, CHLPI is offering one year of in-depth, pro bono technical assistance (TA) to two community organizations, nonprofits, coalitions, or local, state, and tribal government entities across the United States interested in implementing and scaling state-level Food is Medicine policy (e.g., Medicaid Section 1115 demonstration waivers, state-funded pilot programs, etc.). CHLPI will help each TA grantee build a solid, community-based foundation for concrete policy change. CHLPI will contact finalists for a virtual interview and will announce final decisions by August 25, 2023. **Application deadline:** July 31, 2023. **Apply [HERE](#).**
- [The NIH Build UP Trust Challenge](#) seeks new approaches to improve engagement with underserved populations with a focus on increasing their participation in disease research and adoption of existing and new tools and strategies to detect, treat and monitor diseases and disorders. The NIH Build UP Trust prize challenge aims to utilize new and existing strategies to improve engagement with underserved populations, in order to generate new solutions that address trust as a barrier to the adoption of both new and existing healthcare tools and diagnostics. These new solutions can include improvements to existing tools/devices, as well as the creation of new ones. **Publication Date of Challenge Announcement on [Challenge.gov](#):** August 8, 2023. Apply [HERE](#).

If this newsletter was forwarded to you and you'd like to receive it directly, send an email to CatalyzingCommunities@tufts.edu

For more information about Catalyzing Communities, visit:
<https://catalyzingcommunities.org>